Establishing New Lactation Station’s at the University of Northern Colorado
The Need:
A need for a private space to breastfeed/chestfeed or express milk was discovered through a service
learning project in a Dietetics Program Professional Development Seminar taught by Dr. Alena Clark, RD,
CLC. The service learning project completed an environmental scan of areas on campus that would be an
appropriate place to have a private area for breastfeeding/chestfeeding/lactating or expressing milk.
Alena is a Certified Lactation Counselor and lactation support is an area of her clinical practice and
current research. Alena approached the Center for Women’s and Gender Equity about establishing a
Lactation Station in their workspace area based on the positive feedback received from the
environmental scan that was completed in the service learning project.
Colorado Law:
Colorado currently has two laws which assist in supporting breastfeeding. The first, Colorado
Breastfeeding in Public Act (2004), recognizes the benefits of breastfeeding and encourages
mothers to breastfeed. In addition, this law allows a mother to breastfeeding in any public place
she has the right to be without being cited for indecent exposure. The second, Colorado Workplace

Frequently Asked Questions

Q: How much would it cost to host a Lactation Station?

A: Essentially nothing but the donated space. Although we need a few items donated for the space

as well as someone to upkeep it, if your departm ent o r program would be willing to do nate the

space and cannot do nate any thing more, w e c an find the other things we need elsewhere.

Q: How much space would be needed?

A: Enough for a chair, small table, a privacy screen if the space